



# CROYDON SCHOOL OF GYMNASTICS



Strand House  
Nursery Road  
Thornton Heath  
Croydon  
CR7 8RE

Telephone 0208-683-1885

Website – [www.croydonsoq.org](http://www.croydonsoq.org)

Email – [croydonsoq1@btinternet.com](mailto:croydonsoq1@btinternet.com)

## Classes For People With Disabilities



Croydon School of Gymnastics has a new class especially for children between the ages of 6 - 14 yrs with disabilities and additional needs. These **classes take place on a Wednesday after school from 5.00pm – 6.00pm**. The aim of these classes is so that children with learning or physical disabilities and who have special needs can enjoy the freedom and experience that gymnastics and movement can offer in a secure environment with specialised equipment including trampolines, under the direction of our coaches who are qualified to teach gymnastics to people with disabilities.



In addition **GB National Squad Disabilities Champion – Philip Davis** who will also be on hand from time to time during classes offering visual display so as others can draw from his 21 years experience of Gymnastics. Philip aged 24 yrs has been a member of the club since he was 3 years old. He has won many accolades & medals over the years and is a real inspiration to others. Philip not only holds a coaching qualification but he is a regional competition judge and is first aid trained.

**Pictured Left - PHILIP DAVIS**  
**BRITISH DISABILITIES CHAMPION IN**  
**2002 & 2005 & SPECIAL OLYMPICS**  
**NATIONAL CHAMPION 2006**

**We also hold daytime classes for adults with disabilities to. These classes take place on Wednesdays 11.30am – 12.30pm & Thursdays 2.45pm – 3.45pm**



**Main Gymnasium**

All our classes take place under the supervision of qualified coaches who are CRB checked and hold First Aid qualifications. Places are available for next term so ring for further information or to discuss suitability on 020-8683-1885 or email us at [croydonsoq1@btinternet.com](mailto:croydonsoq1@btinternet.com)

*Affiliated to British Gymnastics & the London Gymnastics Federation*

