

2012 Olympic Games and Paralympic Games

The new PE & Sport Strategy for Young People forms part of a Public Service Agreement: **'To deliver a successful Olympic Games and Paralympic Games with a sustainable legacy and get more children and young people taking part in high quality PE and sport'**.

So we want the Games to energise everything that we do, and inspire every child and young person in the country to participate in more sport on a regular basis. We have already put in place several programmes that will capitalise on the context of 2012:



The **UK School Games** is a multi-sport event for the most talented young people in the country of school age. The second UK School Games was held in Coventry in 2007, when 1,300 young people competed in eight sports. The Games will be held each year until 2011 in Bath and Bristol; South Wales; Tyne and Wear; and finally Sheffield.

Young Ambassadors is a network of dedicated young people who act as role models to inspire their peers and promote the Olympic and Paralympic values. 900 Young Ambassadors are recruited annually. They are playing a key part in enthusing other young people about 2012.

The annual **National Talent Orientation Camp** gives 14-18 year olds from across the UK the chance to discover what it takes to compete at the highest level in five Olympic sports. The camp helps prepare young athletes for the personal, sporting, academic and vocational challenges that lie ahead.

Ability vs. Ability is a resource for schools which we have developed with the British Paralympic Association. The high quality curriculum materials use the Paralympic movement to help inspire young people to deliver their own personal best.

Engaging more young people in sport will be one of the greatest legacies from the Games

PE & Sport Strategy for Young People



"I am now at the start of my third year as National School Sport Champion, and in that short time I have been amazed at how far this country has come since the introduction of the national school sport strategy. Some of the young people that I have come into contact with in the last two years were in danger of going off the rails and dropping out of the system. Through sport, they are developing their self-esteem and self-confidence and are expanding their horizons"

Dame Kelly Holmes, National School Sport Champion

We are working closely with our delivery partners, the Youth Sport Trust and Sport England, to continue to build on PESSCL and develop the new Strategy, together with schools, parents, volunteers, coaches, clubs and other partners and stakeholders.

The benefits will not only be realised in the sporting arena. We know that being involved in high quality PE and sport has a number of other positive outcomes. In young people it leads to:

- Increased involvement in a **healthy, active lifestyle**
- **Leadership skills** that can be transferred to everything they do
- Increases in **positive behaviour**
- Increased confidence and self-esteem, leading to better **attitudes to learning**
- **Citizenship qualities** – many young people involved in sport become involved in volunteering opportunities

For more information visit: www.teachernet.gov.uk/pe

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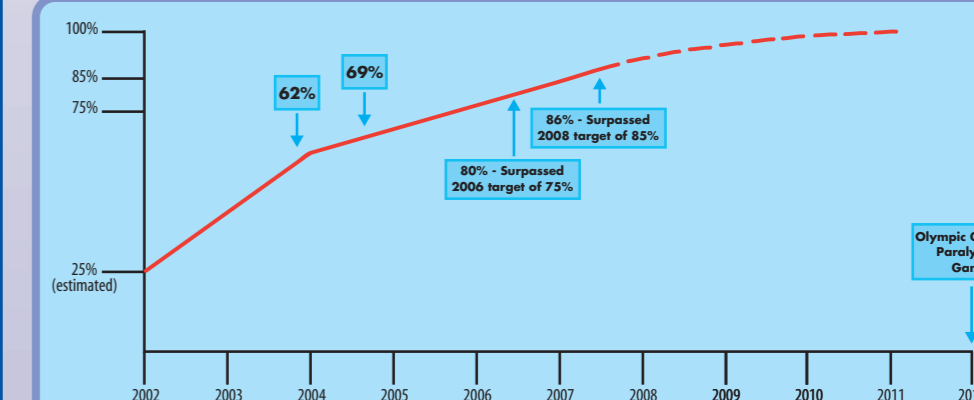
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Creating a World Class System for PE and Sport

In 2002, DCSF and DCMS launched the National PE, School Sport and Club Links (PESSCL) Strategy and began to transform the landscape of PE and sport in schools. Through it, we have created a national structure which enables more children and young people to take part in a wider range of sports for more time.

The dramatic impact of the strategy is clear



The percentage of 5-16 year olds participating in at least two hours high quality PE and school sport each week

Building on this success, we want to go further and ensure that sport becomes a natural part of every young person's life, not only during their school years, but also into their college and working lives. So we are investing at least £755 million over the next three years, to 2011, to extend the Strategy. Our new ambition is to:

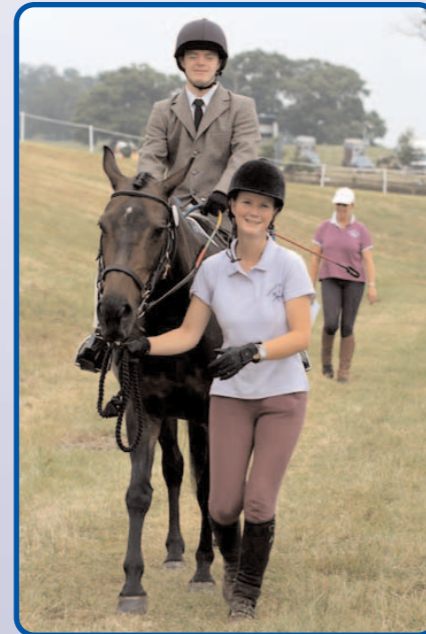
- **Create a new '5 hour offer' for all 5-16 year olds. We will continue to increase the number of 5-16 year olds taking part in at least two hours high quality PE and sport at school each week; and create new opportunities for them to participate in a further three hours each week of sporting activity, through school, voluntary and community providers; and**
- **Create new opportunities for all 16-19 years olds to participate in three hours each week of sporting activities through their colleges or in local clubs.**

Where we are in 2008

The transformation in PE and school sport has been supported by **over £1.5 billion** in the five years to 2008. We now have a national network of School Sport Partnerships which covers all maintained schools in England and links them to specialist Sports Colleges – which make up around 10% of secondary schools. This infrastructure has provided opportunities for **over 5 million pupils to participate in at least two hours high quality PE and sport each week**.

The strategy has also created wider opportunities and experiences for them:

- Over 250,000 **talented young sports people** now receive extra support for their training
- 12% of young people in school are actively involved in sports **volunteering and leadership**
- A third of all pupils are **competing** in inter-school events
- 50,000 more children a year are **learning to be better swimmers**
- Each school is linked to an average of 7 **local sports clubs** in which 29% of their pupils participate
- Each school is offering an average of 17 **different sports**
- Young people are now supported by **better trained teachers**, and over 3,000 **professional coaches**



Young people have also benefited from improved school sport facilities. Over the last 10 years, 2,450 schools have received funding to enhance their sport facilities, in addition to 3,000 schools that have benefited from Big Lottery investment for this purpose.

What we will do

Our new **PE & Sport Strategy for Young People** – building on the previous PESSCL strategy – will be informed by the views of children and young people themselves, to help us create attractive, innovative opportunities for them to get engaged with sport, and clear pathways for them to pursue their chosen activities. Our aim is to create a world class system for PE and sport for all children and young people, which will stimulate and increase their participation in sport, and sustain it.



We estimate that currently only around 10% of 5-16 year olds and around 17% of 16-19 year olds participate in the five hours sport each week that is our ambition for them all. We want to ensure that they develop a lifetime commitment to regular physical exercise and sport.

In addition to the existing work, the Strategy will go further and we will:

- Create new sporting opportunities for young people in the FE sector by appointing FE sport co-ordinators, linked to School Sport Partnerships
- Invest more in coaching in schools, FE colleges and community sports networks
- Create a national network of Competition Managers to work with School Sport Partnerships on inter-school sport



- Provide a more attractive range of sporting activity based on what young people say they want
- Create a national network – one in each partnership – of multi-sport clubs for young people with disabilities
- Establish a National School Sport Week, championed by Dame Kelly Holmes, motivating young people to take part in competitive sport

Where we want to be in 2011

The Strategy will be supported by additional investment to deliver a **world class system for PE and sport**. Total investment will be at least **£755 million**, over the next three years.

The funding from 2008 to 2011 will include:

- £537m** to continue support for the network of Sports Colleges and School Sport Partnerships
- £36m** to engage young people who currently do not participate in sport beyond school, by providing more attractive sporting activities
- £9.3m** to train and develop PE teachers and other sports professionals
- £16m** to extend School Sport Partnerships into the FE sector
- £6.6m** to identify and support gifted and talented athletes
- £30m** to upgrade facilities in targeted Sports Colleges
- £30.5m** to provide more coaches for School Sport Partnerships
- £5m** to recruit volunteer coaches, especially in areas of deprivation, so that young people have a wide range of role models
- £8.25m** to ensure that children can swim safely by the end of primary school
- £28.5m** for competition, to raise the quality and quantity of competitive school sport
- £3m** to establish a network of multi-skill clubs for disabled pupils
- £45.5m** for Playing for Success, which uses sport to improve pupils' literacy and numeracy skills

Further funding will also:

- Support Community Sports Coaches and develop high quality coaching
- Increase opportunities for young people in sports leadership and volunteering
- Build better links between schools and community sports clubs



This will bring total Government investment in PE and sport for children and young people, including Big Lottery funding, to more than £2.2 billion since the start of the Strategy.

